

## When To Keep Children Home From School



### Remember the 24 hour Rule of Thumb!

Keep child home for 24 hours after...

- A fever has resolved and without using fever reducing medications (Tylenol or Advil)
- Diarrhea, nausea or vomiting has resolved
- Receiving antibiotics (may return 24 hours after starting antibiotic)

As always check with your child's doctor if symptoms are prolonged or behavior is unusual for your child.

Disease	Symptoms	Recommendations
<b>Common Cold</b>	Stuffy nose (clear drainage) Sneezing Mild cough	Should attend unless not able to participate in activities
<b>Earache</b>	Trouble sleeping Ear tugging Poor appetite	24 hour rule
<b>Flu</b>	Fever (100 F or higher) Body aches Fatigue	Exclude until fever resolved for 24 hours.
<b>Diarrhea</b>	3 or more loose stools in 24 hours	Exclude until symptoms are not present for 24 hours.
<b>Hand Foot Mouth Disease</b>	Rash on hands, feet or mouth Sore throat Vomiting Diarrhea	Keep home if child has fever or if they are not able to avoid close contact with others.
<b>Head Lice</b>	Itching scalp, especially behind ears and back of neck. Many children have no symptoms.	Do not allow back to school until after initial treatment or removal of live lice.
<b>Impetigo</b>	Small red pimples Fluid-filled blisters Crusted yellow scabs, often found around nose and mouth	Stay home until lesions are treated with antibiotics and lesions are covered or crusted.
<b>Pink Eye</b>	Red/Irritated Eyes Drainage of mucous Drainage of pus	Keep home if child has fever, behavior changes or unable to avoid touching eyes.
<b>Strep Throat</b>	Swollen lymph nodes Fever, chills, sweats Decreased appetite	Exclude for 24 hours after starting of appropriate antibiotic and fever resolved.
<b>Vomiting</b>	Vomiting	Exclude until no symptoms for 24 hours.

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